

Kelley Cares 5K Run/Walk



Benefiting The Therapeutic Recreation Section of Alexandria

When June 7, 2008, 8:00am start time

Where George Washington Middle School
1005 Mount Vernon Avenue
Alexandria, VA 22301

Registration Mail-in (through May 31st), Day of race 6:45am - 7:45am

Support your community by registering today for the Third Annual Kelley Cares 5K Run/Walk! Join your friends and neighbors as we run in the beautiful Del Ray and Rosemont areas of Alexandria. Proceeds from the race will benefit the Therapeutic Recreation Program of Alexandria. Race packets can be picked up from 10am to 8pm at Pacers located at 1301 King St., Alexandria, VA 22314 on Friday June 6, 2008 or at GW Middle School the day of the race from 6:45am - 7:45am (t-shirt included in the price of registration). Do you have questions or want to volunteer? Visit the Kelley Cares website for more information at www.kelleycares.org or send an email to lindsey@kelleycares.org.

Kelley Cares 5K Run/Walk Registration Form • Saturday, June 7, 2008

Return forms and payment to: Kelley Cares, 203 East Luray Avenue, Alexandria, VA 22301

Name: _____ **Gender:** F or M **Age on race day:** _____

Address: _____
Street City State Zip

Email: _____ **Phone number:** _____

5K Adult Registration (\$25.00 registration fee) **5K Child Registration** (ages 6-12, \$10.00 registration fee)

5K Child Registration (age 5 and under are free) **T-Shirt Size (circle one):** XS S M L XL XXL

Payment Information: I would like to pay by (circle one): CASH CHECK

Please make checks out to: The City of Alexandria, memo: Kelley Cares 5K

Liability Waiver must be signed to participate in the Kelley Cares 5K Run/Walk

I recognize that running a road race is a potentially hazardous activity. I have read the race flyer and am familiar with the course, procedures, and rules. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race officials relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including cold, snow, and/or ice, high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the organizers of the Kelley Cares 5K Run/Walk, its directors, officers, staff, and volunteers, the city of Alexandria, VA and its employees, Pacers Running Stores and its employees, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. Further, I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. For runners safety, I understand that headsets, bicycles, scooters, and roller blades are prohibited. Strollers and dogs (on a short leash) are allowed. **I ALSO UNDERSTAND THAT THERE ARE NO REFUNDS FOR THIS EVENT.**

Signature of Participant: _____ **Date:** _____
(parent or guardian if under age 18)